

canyoning and sport climbing opportunities with the basic information about cycling,

J:33000

Abq opening

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(Cimportant telephone numbers

Police **(122** Fire department **(123** Ambulance **(124**

080/001-300 033/301-305 Tourist call centar Montenegro Help on the road 020/655-183 030/301-615 Railway station Bar Railway station Sutomore 030/301-692 030/346-141 Bus station Bar 030/342-333 Hospital "Blažo Orlandić"

Auto Moto Association of Montenegro 19807 / 020/234-999

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Biking: AMSK Sutorman, tel: +382 68/031-659, e-mail: trifkeracing@t-com.me

Kanyoning: Black_stone_canyons Montenegro tel: +382 69/979-090 (Viber, WhatsApp), +382 68/884-958 (Viber, WhatsApp),

e-mail: blackstonemne@gmail.com, https://www.facebook.com/blackstonecanyons/ Sport climbing: Climbing team "Kunora"

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<u>Hiking trials</u>

hiking trails hiking trail - Coastal - Mountain Transversal (PPT) start / end of one or more hiking trails

16 number of hiking trail Trail code and dificulty level in Mountaineering association of Montenegro register

blue: easy red-moderate black-difficult LM 786

kanyoning trails

kanyoning trail starting point the starting point of the bike path sport climbing sites

Road network _____ main roads

______ local roads ——— other roads ----- streets ---- tunel

----- railway line ———— railway tunel

forests/grasslands

1:33 000 1cm = 333m

å š church; mosque

lookout

winery

beach

post office

f, port, dock, marina

petrol station

info point TO Bar

867 mountain peek

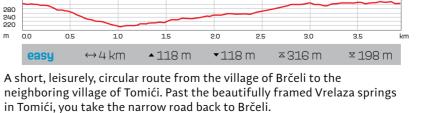


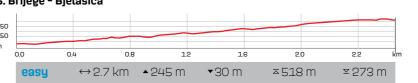


3. Donji Brčeli - Opačac bridge - Brijege - Gojnići - donji Brčeli



. Donji Brčeli - Tomići - Donji Brčeli





A dirt road leads from the village of Brijege up to the highest point of Crmnica, the summit of Bjelasica. There you will be met with a beautiful view of Skadar Lake, the Orahovštica valley and the mountainous areas in northern Albania and Montenegro.

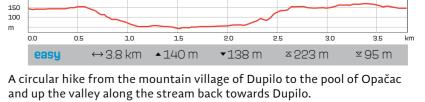




From Komarno, a circular trail leads to one of the most beautiful viewpoints in the upper part of the lake. The view extends over the

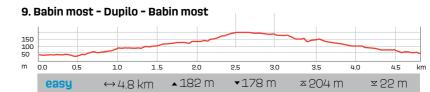
fjord-like landscape of the lake to the Albanian city of Shkoder and far into the mountainous regions of the north.

8. Dupilo (Šuplja stijena) - Opačac - Vrelaza - Dupilo



and up the valley along the stream back towards Dupilo.

7. Komarno - lookout Zaboj



A circular hike on the south-facing side of the valley to the mountain village of Dupilo. A detour down into the meadow leads to a beautiful naturally-formed pool with a waterfall.

From the beach to the top and back

Several extraordinary trails are located in the central part of the Bar municipality, with the mountains Sozina and Vrsuta as the main destinations, that can be approached from several directions. They differ in difficulty: from very light, half-a-day tours to those that

by the mountain Rumija. The lake is 50 km long and 14 km wide. In spring and autumn, when he water level rises the surface of the lake s about 500 km² while in summer, when the

lake. The coast is indented, with numerous bay

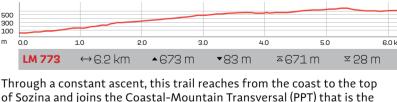
number of islands on the lake, popularly called gorice. Not far from Virpazar, towards Krajina ere are numerous bays with sandy beaches.

The most famous being Murići beach, which is

560 meters in length.

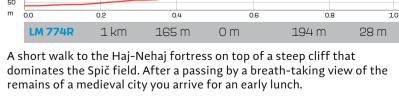
11. Sutomore - Sozina - Popov Do - conection to PPT

the village of Limljani

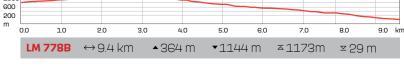


of Sozina and joins the Coastal-Mountain Transversal (PPT) that is the crossroad of the trails towards Paštrovačka gora and Sutorman. On the very top of Sozina you will find a water cistern and a Second World War memorial, as well as an exceptional view of the Adriatic coast.

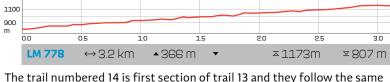
12. Sutomore (Zagrađe) - Nehaj Fortress



13. Sutorman - mountin Vrsuta top 1183 mnv - Mala Vrsuta - Sutomore



14. Sutorman - mountin Vrsuta top 1183 mnv



route all the way to the top of Vrsuta. After this easy section, if you decide to continue, there will be a more demanding descent to the sea shore. An extremely picturesque landscape with a view of the Adriatic coast and the endemic flora of Vrsuta make it one of the most attractive trails.

